Welcome to Christ United Methodist Church - A *Reconciling Congregation*!
2375 E. 3300 S. Salt Lake City, UT 84109 • 801-486-5473 • christumcutah.org

Our mission is to create and promote a faith that is thoughtful, compassionate, and inclusive. We welcome all people into the life of the church. We follow the path and teachings of Jesus as a way to experience the sacredness of life.

Thank you for filling out the enclosed Connection Card and placing it in the offering plate during offering time.

February 1, 2026 – 4th Sunday after the Epiphany & Scout Sunday

(*Those who are able, please stand.) **(Bold face type – parts we all speak or sing.)**

GATHERING & CENTERING TIME

OPENING MUSIC "Prayer" by Jacques Lemmens

WELCOME Rev. Dale Carl Fredrickson

SCRIPTURE READING 1 Chronicles 29:10–13 & Daniel 9:4-19

***CALL TO WORSHIP**

We gather today knowing there are people in our world who are surrounded by violence and conflict on every side.

Our work of peace begins with prayer.

We gather today knowing there are people in our community who feel lost, alone, abandoned, and forgotten.

Our work of love begins with prayer.

We gather today knowing there are people in this place, this neighborhood, this world that we all share who experience overwhelming grief, despair, and sorrow.

Our work of hope begins with prayer.

We gather not to look away from the world but to witness the needs of our neighbors through the lens of God's love.

May we be a people who pray and, out of our praying, do the work of bringing peace, love, and hope to all we encounter. Amen.

***SONG "Come Away with Me" TFWS #2202, vv. 1,2,4,5**

***PASSING THE PEACE OF CHRIST**

CHILDREN'S TIME

SONG "Where Children Belong" TFWS #2233

(Children & adults are welcome to come forward. Childcare for children 2 years and under is available in the Nursery. Children will go to Children's Church after Children's Time.)

OFFERING OUR PRAYERS, GIFTS & TITHES

PRAYER SONG "Stay with Us" TFWS #2199, v.1

PASTORAL PRAYER

LORD'S PRAYER

Our Father who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation but deliver us from evil, for thine is the kingdom, and the power, and the glory forever. Amen.

INVITATION TO OFFERING

OFFERING OPTIONS: QR Code to Give: Use the QR code. Text to Give: Text dollar amount to 801-317-8833 and follow the prompts.

MUSIC "Transitions of the Heart" by Mathew Compton
Wesley Bell Ringers, directed by CP Eubanks

OFFERING PRAYER

We offer these gifts to you today. With these gifts, we worship you and give our whole selves to you. Please accept it and use it to bring your kingdom to earth and to make your dreams visible. May our gifts bring peace, justice, and steadfast love to many. May they be a great blessing in ways we cannot fully see. We ask all this in the beautiful name of Jesus. Amen.

RECEIVING TIME

SCRIPTURE READING Matthew 6:9-13

SERMON Rev. Dale Carl Fredrickson
"The Questions of Prayer: Pt. 4: How Do I Pray?"

*RECEIVING HOLY COMMUNION

SENDING TIME

***SENDING SONG "When You Are Praying" On Screen**

WAYS TO ENGAGE

BENEDICTION Rev. Dale Carl Fredrickson

CLOSING MUSIC "Fantasia in C Minor, BWV 562" by J. S. Bach

THOSE SERVING IN WORSHIP

Pastors	Rev. Dale Carl Fredrickson & Rev. Bruce Kolasch
Organist	Dr. Shelby Fisher
Children's Ministry	Alicia Griffing & Alicia Simons
Media	Barrett Carpenter & Paige Manning-Duncan
Liturgist	Scouts of Troop 410, Troop 8410G, Pack 3410

Christ UMC - TODAY's Events: February 1

8:00 am – Chapel Worship Service, Chapel/Room 100
9:30 am – Fellowship/Coffee Time, Front Hallway
10:00 am – Worship in the Sanctuary & Children's Church
(children will start in worship)
11:00 am – Fellowship/Coffee Time, Gym
11:30 am – Missions & Outreach, Room 201 (upstairs)
4:30 pm – Asbury Bell Ringers Rehearsal, Music Room
5:30 am – Wesley Bell Ringers Rehearsal, Music Room

Christ UMC Events: February 2 – February 8

Monday: 11:00 am Finance Committee, Parlor
7:00 pm Trustees Committee, Chapel/Room 100
7:00 pm Sloe Jam (Bluegrass), Youth Room/Room 200 (upstairs)

Tuesday: 7:00 pm Admin (Church) Council, Chapel/Room 100
7:00 pm Wesley Bell Ringers Rehearsal, Music Room

Wednesday: 10:00 am Wednesday Morning Study Group, Parlor

Thursday: 8:00 am Breakfast Group, Anna's Restaurant (4770 S 900 E)
7:30 pm apPRAISEation Rehearsal, Music Room

Saturday: 6:00 pm Valentine's Dinner Dance, Gym

Sunday: **5th Sunday after the Epiphany**
8:00 am Chapel Service, Chapel/Room 100
8:30 am Chancel Choir Rehearsal, Music Room
9:30 am Fellowship/Coffee Time, Hallway
10:00 am Worship in the Sanctuary & Children's Church
11:00 am Fellowship/Coffee & Blood Pressure Checks, Gym
11:15 am Chili Bowl To Go Order Pick-Up, Kitchen
11:30 am Social Justice Event, Room 201 (upstairs)
4:30 pm Asbury Bell Ringers Rehearsal, Music Room

Reconciling Ministries Network

Christ United Methodist Church
Salt Lake City
Serving · Loving · Caring

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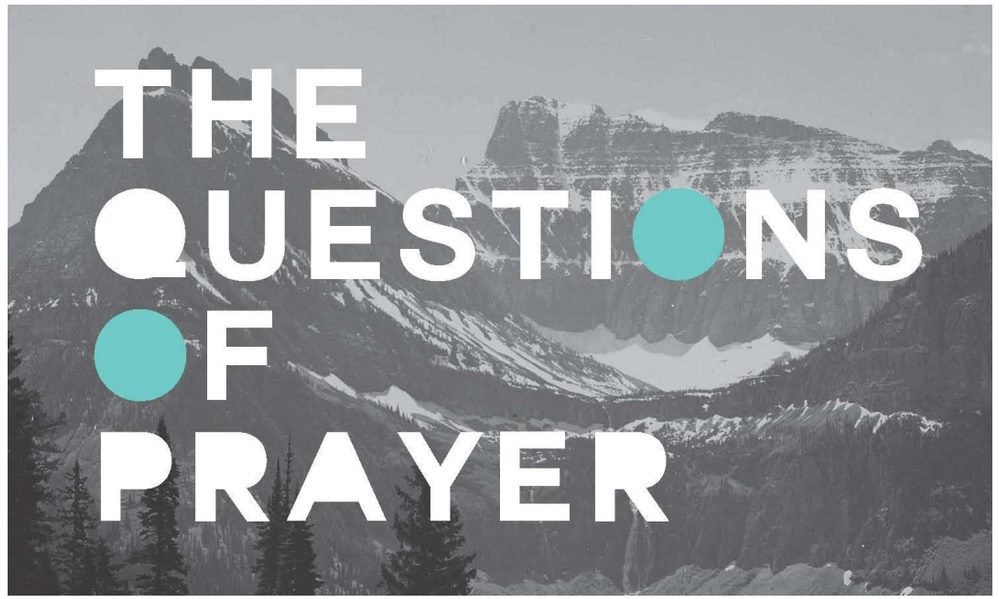

Pt. 4: How Do I Pray?

4th Sunday after the Epiphany & Scout Sunday

February 1, 2026 – 10:00 a.m. Worship

Pastors, Rev. Dale Fredrickson & Rev. Bruce Kolasch

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