Welcome to Christ United Methodist Church - A *Reconciling Congregation*!
2375 E. 3300 S. Salt Lake City, UT 84109 • 801-486-5473 • christumcutah.org

Our mission is to create and promote a faith that is thoughtful, compassionate, and inclusive. We welcome all people into the life of the church. We follow the path and teachings of Jesus as a way to experience the sacredness of life.

Thank you for filling out the enclosed Connection Card and placing it in the offering plate during offering time.

February 22, 2026 – 1st Sunday in Lent

(*Those who are able, please stand.) **(Bold face type – parts we all speak or sing.)**

GATHERING & CENTERING TIME

OPENING MUSIC "O Mensch, bewein den Sünde gross, BWV 622" by J. S. Bach

WELCOME Rev. Dale Carl Fredrickson

SCRIPTURE READING Psalm 32

***CALL TO WORSHIP**

Come, Church—step into the season of turning.
We come, seeking a love that can hold us.
The road is not easy.
But we are not alone.
The wilderness is real.
And so is grace.
Christ calls us to a living way—
To walk in love.
Not only with words,
But with our steps.
Not only in comfort,
But in courage.
Come, let us worship the God who is Love.
We will walk in love. We will worship in trust.

***SONG "In These Days of Lenten Journey" On Screen**

***PASSING THE PEACE OF CHRIST**

CHILDREN'S TIME

SONG "Where Children Belong" TFWS #2233

(Children & adults are welcome to come forward. Childcare for 2 years and under is available in the Nursery. Older children will go to Children's Church after Children's Time.)

MUSIC "Down by the Riverside" Traditional
Sloe Jam and Friends

OFFERING OUR PRAYERS, GIFTS & TITHES

PRAYER SONG "O Lord, Hear My Prayer" TFWS #2200

PASTORAL PRAYER

LORD'S PRAYER

Our Father who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation but deliver us from evil, for thine is the kingdom, and the power, and the glory forever. Amen.

INVITATION TO OFFERING

OFFERING OPTIONS: QR Code to Give: Use the QR code. Text to Give: Text dollar amount to 801-317-8833 and follow the prompts.

MUSIC "In the Shadow of Your Wings" by Karen L. Buckwalter
apPRAISEation, directed by Terry Waite

OFFERING PRAYER

Receive these offerings as signs of thankful hearts, and use them to bless neighbors, heal what is broken, and witness to your faithful love. In the name of Jesus, who walked the hard road in love, Amen.

RECEIVING TIME

SCRIPTURE READING Matthew 4:1-11

SERMON Rev. Dale Carl Fredrickson
"The Eternal Internal, pt 1: Love"

SENDING TIME

***SENDING SONG "Lord, Who Throughout These Forty Days" UMH #269**

WAYS TO ENGAGE

BENEDICTION Rev. Dale Carl Fredrickson

CLOSING MUSIC "Fugue" by Johannes Pachelbel

THOSE SERVING IN WORSHIP

Pastors	Rev. Dale Carl Fredrickson & Rev. Bruce Kolasch
Organist	Dr. Shelby Fisher
Children's Ministry	Alicia Griffing & Alicia Simons
Media	Thomas Mittelstadt & Paige Manning-Duncan
Liturgist	Nicole Caucci

Christ UMC - TODAY's Events: February 22

8:00 am – Chapel Worship Service, Chapel/Room 100
9:00 am – Lent Book Study, Chapel/Room 100
9:30 am – Fellowship/Coffee Time, Front Hallway
9:30 am – 10:00 am Bible Bucks Store, Room 207 (upstairs)
10:00 am – Worship in the Sanctuary & Children's Church
(children will start in worship)
11:00 am – All Church Brunch, Gym
11:00 am – 11:20 am Bible Bucks Store, Room 207 (upstairs)
11:30 am – Youth Group, Youth Room/Room 200 (upstairs)
4:30 pm – Asbury Bell Ringers Rehearsal, Music Room
5:30 pm – Wesley Bell Ringers Rehearsal, Music Room
7:00 pm – Lent Book Study, Zoom https://us06web.zoom.us/j/87828838266

Christ UMC Events: February 23 – March 1

Monday: 11:00 am Finance Committee, Parlor
1:00 pm United Women in Faith Book Club, Parlor
7:00 pm Sloe Jam (Bluegrass), Youth Room/Room 200 (upstairs)

Tuesday: 1:00 pm Grateful Bread Prison Music Rehearsal, Youth Room/Room 200
7:00 pm Young Adult Book Group, Youth Room/Room 200
7:00 pm SPRC Meeting, Parlor
7:30 pm Wesley Bell Ringers Rehearsal, Music Room

Wednesday: 10:00 am Wednesday Morning Study Group, Parlor

Thursday: 8:00 am Breakfast Group, Anna's Restaurant (4770 S 900 E)
7:30 pm apPRAISEation Rehearsal, Music Room

Friday: 5:00 pm Homeless Youth Dinner Club – yrcdinnerclub@gmail.com

Sunday: **2nd Sunday in Lent**
8:00 am Chapel Service, Chapel/Room 100
9:00 am Lent Book Study, Chapel/Room 100
9:30 am Fellowship/Coffee Time, Hallway
10:00 am Worship in the Sanctuary & Children's Sunday School
11:00 am Fellowship/Coffee, Gym
11:30 am Baptism Class, Parlor
11:30 am Missions & Outreach Meeting, Room 201 (upstairs)
5:30 pm Wesley Bell Ringers Rehearsal, Music Room
7:00 pm Lent Book Study, Zoom https://us06web.zoom.us/j/87828838266

Reconciling Ministries Network

Christ United Methodist Church
Salt Lake City
Serving · Loving · Caring

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The Eternal Internal, pt 1: Love

1st Sunday in Lent

February 22, 2026 – 10:00 a.m. Worship

Pastors, Rev. Dale Fredrickson & Rev. Bruce Kolasch

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