Welcome to Christ United Methodist Church - A *Reconciling Congregation*!
2375 E. 3300 S. Salt Lake City, UT 84109 • 801-486-5473 • christumcutah.org

Our mission is to create and promote a faith that is thoughtful, compassionate, and inclusive. We welcome all people into the life of the church. We follow the path and teachings of Jesus as a way to experience the sacredness of life.

Thank you for filling out the enclosed Connection Card and placing it in the offering plate during offering time.

May 17, 2026 – Ascension Sunday

(*Those who are able, please stand.) **(Bold face type – parts we all speak or sing.)**

GATHERING & CENTERING TIME

OPENING MUSIC "You Who Are Thirsty"

WELCOME Rev. Dale Carl Fredrickson

SCRIPTURE READING Psalm 62

***CALL TO WORSHIP**

For God alone our souls wait in silence.
Our hope comes from the Holy One.
God is our rock, our refuge, our salvation.
We will not be shaken, for God holds us in steadfast love.
Trust in God at all times, O people.
We pour out our hearts before the One who shelters us.
Power belongs to God, and steadfast love is God's way.
We come to worship the One who is faithful and near.

***SONG "You Who Are Thirsty" TFWS #2132**

***PASSING THE PEACE OF CHRIST**

CHILDREN'S TIME

SONG "Where Children Belong" TFWS #2233

(Children & adults are welcome to come forward. Childcare for 2 years and under is available in the Nursery. Children with stay in worship today or can go with a parent/guardian to Kids Corner.)

GRADUATE RECOGNITION

MUSIC "Psalm of Quietness" arr. Jack Schrader
Chancel Choir, directed by Logan Bingham

OFFERING OUR PRAYERS, GIFTS & TITHES

PRAYER SONG "Lord Have Mercy" On Screen

PASTORAL PRAYER

LORD'S PRAYER

Our Father who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation but deliver us from evil, for thine is the kingdom, and the power, and the glory forever. Amen.

INVITATION TO OFFERING

OFFERING OPTIONS: QR Code to Give: Use the QR code. Text to Give: Text dollar amount to 801-317-8833 and follow the prompts.

MUSIC "I Heard the Voice of Jesus Say" Traditional
Logan Bingham and Cassandra Kerr

OFFERING PRAYER

Living God, you are the Lord of all! Only you can send your Spirit to bring us new life. You graciously speak your word of hope in times of struggle and uncertainty and in times of joy and peace. We are grateful that you are continually at work in our lives and the world to fulfill your promises. May our giving today show our trust in you. We pray through Christ, our Lord. Amen.

RECEIVING TIME

SCRIPTURE READING Matthew 11:28-30

SERMON Rev. Dale Carl Fredrickson
"The Challenge of Jesus: pt. 4: Silence & Solitude"

SENDING TIME

***SENDING SONG "Be Thou My Vision" UMH #451**

WAYS TO ENGAGE

BENEDICTION Rev. Dale Carl Fredrickson

CLOSING MUSIC "Be Thou My Vision" arr. Anna Laura Page

THOSE SERVING IN WORSHIP

Pastors	Rev. Dale Carl Fredrickson & Rev. Bruce Kolasch
Organist	Dr. Shelby Fisher
Children's Ministry	Leah Wood
Media	Thomas Mittelstadt & Paige Manning-Duncan
Liturgist	Melissa Ritter

Christ UMC - TODAY's Events: May 17

8:00 am – Chapel Worship Service, Chapel/Room 100
8:30 am – Chancel Choir Rehearsal, Music Room
9:30 am – Fellowship/Coffee Time, Front Hallway
9:30 am – 10:00 am Bible Bucks Store, Room 207 (upstairs)
10:00 am – Worship in the Sanctuary & Children's Sunday School
(children will start in worship)
11:00 am – Fellowship/Coffee Time, Gym
11:00 am – 11:20 am Bible Bucks Store, Room 207 (upstairs)
11:30 am – Youth Group, Youth Room/Room 200 (upstairs)
2:00 pm – apPRAISEation Spring Concert, Sanctuary
4:30 pm – Asbury Bell Ringers Rehearsal, Music Room
5:30 pm – Wesley Bell Ringers Rehearsal, Music Room
5:30 pm – Tween Flicks, Parlor

Christ UMC Events: May 18 – May 24

Monday: 11:00 am Finance Committee, Parlor
1:00 pm United Women in Faith Book Club, Parlor
7:00 pm Sloe Jam (Bluegrass), Youth Room/Room 200 (upstairs)
Tuesday: 7:30 pm Wesley Bell Ringers Rehearsal, Music Room
Wednesday: 10:00 am Wednesday Morning Study Group, Parlor
Thursday: 8:00 am Breakfast Group, Anna's Restaurant (4770 S 900 E)
11:00 am Deborah Circle, Anna's Restaurant (4770 S 900 E)
Saturday: 5:00 pm Homeless Youth Dinner Club, Homeless Youth Resource Ctr
Sunday: **Pentecost & Sunday School Recognition Sunday**
8:00 am Chapel Service, Chapel/Room 100
9:30 am Fellowship/Coffee Time, Hallway
10:00 am Worship in the Sanctuary & Children's Sunday School
11:00 am Fellowship/Coffee Time, Gym

The Christ UMC Office will be closed Monday, May 25th.

Reconciling Ministries Network

Christ United Methodist Church
Salt Lake City
Serving · Loving · Caring

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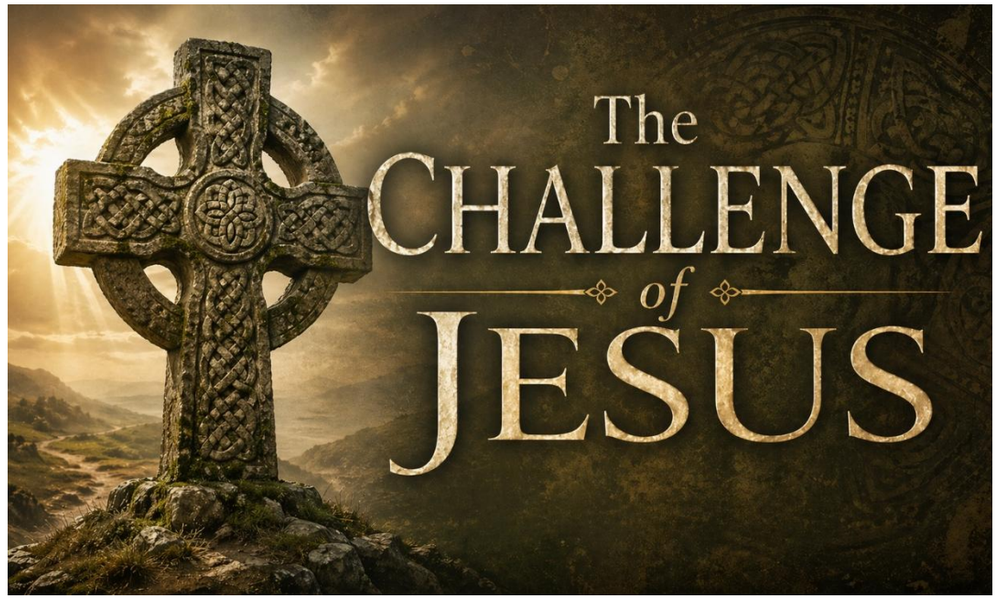

Pt. 4: Silence and Solitude

Ascension Sunday

May 17, 2026 – 10:00 a.m. Worship

Pastors, Rev. Dale Fredrickson & Rev. Bruce Kolasch

"Creating and promoting a faith that is thoughtful, compassionate and inclusive"