

Christ United Methodist Church  
S a l t L a k e C i t y  
*Serving · Loving · Caring*

## The October 2020 Connection

### **RUSTY'S REFLECTIONS**

I am often times at the church alone. That is not particularly bad but it sometimes gets to be a little too much, you know? Today I was answering the phone, someone wanted to know when the rummage sale was going to open up. I didn't know, but I had seen a sign earlier hanging on the church fence. So I told the person "hold on I'll run out and see". I ran. When I got back huffing and puffing, the phone was ringing again with another call and so I told the first person rather bluntly "8:00 a.m. Sorry I've got to go."

And then I answered the second person, they wanted to know who was in charge of the rummage sale...they had some stuff to give. I said, "I think it is Tiffany" and they said "Do you have her number?" and I said, "I don't know let me look." I couldn't find it so I said, "Just call Katie, she'll know, here's her number." The person on the phone asked me, "Are you trying to run the church yourself?" I allowed as how I was this morning. At the same time I was finishing that call someone came into my office to talk about Finances.

I was a bit harried. Do you ever get that way? A bit harried? I went and took a walk!

When I got back to my office I looked at an Instagram announcement from the national United Methodist Church. It said, "The battle is NOT YOURS, but God's. And it had "battle" crossed out and "but" crossed out which then made it read, "The is NOT YOURS, God's." Which didn't make any sense to me! Someone will need to explain that to me. And underneath, to top it off, it said "unitedmethodistchurch Let go, and let God! He's got it under control."

Well that kind of thing just sets me off. Now I wasn't harried, instead I was ready for a theological tussle! That makes my blood pump..!

If there's one thing the world doesn't need, especially now, it is cliché religion. Religion is too important for clichés. There are times, no doubt, when we do need to let go of the grudges, avarice, the discontent, and disappointment, etc. When something is holding us back from going on...there is every reason to be reminded to just let go of that stuff that is weighing us down.

But here's the problem...if you take that "He's got it under control," thing seriously...then you've got to address the tragic side of life too, the terrible side of life. And we all know that terrible side. Does God have that under control too? If so, then God is not doing too good of a job.

So we need a better way to understand God..not a God that controls everything...that will paint you into an ugly theological corner that you can't get out of. No. There are better ways to understand God. It is our task to help each other do that. Oh! I can't wait to do that with you. Then the harried part of the job is well worth it!!



*Ecclesiastes 3:1*

*"For everything there is a season,  
and a time for every matter under heaven..."*



Waiting. Watching. Hoping. Dreading. Praying. Thinking. Pacing. Grumbling. These are anxious times. No doubt. So, what do we do? How do we cope? How do we spend our time when we are anxious and the world seems to have gone awry?

Ecclesiastes 3, one of the best-known chapters in the Bible, talks about seasons of time—there being a time for everything, both good and bad. The stuff of life is made up of both.

A challenge may be making peace with the current season of time we find ourselves in. Most of us are positive and want to focus on good times and good news. We get bewildered and lost when things do not go well. Such times make us want to hit the fast forward button—a phrase that only fits for those of us who grew up with cassette tape players—we want to escape, move on to the good times again. But life does not work like that!

That is when we learn to rest and trust in something and Someone bigger and wiser than us. We do not give in to bad news or bad times. We continue to hope. We continue to work toward positive and healthy change. We continue to discover and see the good around us. But we also learn how to be sad and grieve. We need to rediscover how to lament. We do not have to be happy with the way things are. We can express our sadness and at the same time move forward! So...don't be afraid to lament. However, do not give in or give up!

One of my takeaways from the book of Lamentations, especially chapter 3, is that bad times do not last. God is still on the move!

Keep hoping. Keep working. Keep seeing and doing good. Be kind. Be patient. God is still at work in us, with us and through us. Believe that and work to make a difference by how you think and act and live. And V O T E !!! Don't ever think your vote does not count or is ineffective or wasted.

Reverend Bruce Kolasch  
Pastor of Congregational Care

The Staff Parish Relations Committee and Rev. Butler worked the past several weeks to find and hire a new Organist to replace longtime Organist Ed Duncan. We are so fortunate to have found someone we think will be a tremendous addition to our staff. Shelby Fisher will be our new Organist. Shelby is currently pursuing a Masters Degree in Organ Performance from the University of Utah. She will begin her work with the church starting October 1.



*I was born and raised in Bountiful, Utah. I began studying the organ at the age of 13 and fell in love with the way it could sound like a lullaby or an entire orchestra. I graduated from the University of Utah with a bachelors degree in organ performance and am currently pursuing a masters degree in organ performance. I also earned a masters degree in education and have taught general education, music and reading at elementary schools in Utah and northern Virginia. I love musty old things, especially houses, books and photographs of people. I live on a one-acre hobby farm with my husband, three children, two cats, eight chickens and a few hundred bees.*



# Flu Shots

by Community Nursing Services  
At Christ United Methodist Church

Sunday, Oct. 18<sup>th</sup>  
8:30 AM – 12:00 PM

Because of Covid-19 there will not be a health fair this fall, but you can still get your Flu Shots!

Register online at  
[ChristUMCUtah.org/FluShots](http://ChristUMCUtah.org/FluShots)  
or call 801-486-5473 ext 111

Please wear a face covering, and enter the building through the west door.

Masks and sanitizer will be available at the door.

**Bring your Insurance or Medical Card**

## CNS Immunization Accepted Insurances 2020

**Adult Medicaid**  
Aetna  
All Savers  
Altius  
Ameriben  
Blue Cross Blue Shield  
NOT TEXAS OR ILLINOIS  
Cigna  
Direct Care Administrators  
DMBA (Desert Mutual)  
EMI Health (Educators Mutual)  
Federal Blue Cross Blue Shield  
GEHA/Integrated-UHC Plans  
Health Utah Provider Network  
HealthEZ  
Healthwest Provider Network  
Imagine Health Network  
MailHandlers  
Meritan Health  
Can have AETNA or IASIS logo  
Molina  
Molina Marketplace  
Oxford Health (UHC)  
PEHP  
Select Health  
Tall Tree Administrators  
Town & Country Provider Network  
Tricare  
United Health Care  
**NOT MARKETPLACE PLANS:**  
(Navigator, Savers Direct)  
**U of U Health**-NOT Student plans  
**UMR**(United Medical Resources)  
**WISE Network**  
1<sup>st</sup> Health  
8<sup>th</sup> District Electrical  
MotivHealth (HSA Health Plans)  
Sinclair Health

### MEDICARE

Aetna Medicare Advantage  
Altius Advantra/Advantra Freedom  
Blue Cross Blue Shield Medicare  
Desert Secure  
Health Choice Generations  
Humana-65 years (seniors only)  
Medicare  
Medicare Complete-AARP  
Medicare Solutions  
Molina Medicare  
Select Health Advantage  
Steward Health Choice Generations  
United Mine Workers of America

### **ONLY 18 years and under:**

**CHIP** (Children's health insurance Program)  
Select Health

### MEDICAID

Healthy U  
Health Choice Utah  
Molina Medicaid  
Select Health Community Care  
Steward Healthchoice Utah  
Traditional Medicaid-No PCN Plan

Updated 6/25/20

**Community Nursing Services**  
**CNS**  
2820 West Redwood Road  
West Valley City, UT 84119  
801-207-8777 • Fax 801-207-8776  
CNS Cares [www.cns-cares.org](http://www.cns-cares.org)

# Children, Youth and Families

## **Virtual Sunday School**

Check out our new webpage for virtual Sunday School.  
<https://www.christumcutah.org/virtualsundayschool.html> .

Each week includes a video reading of the Bible Story for the week and a quick question session where children can earn Bible Bucks for participating. The Bible Bucks can be used in the Bible Bucks Store once we are able to safely reopen. The Bible Bucks Store typically is open 3 times throughout the year where parents may bring their children to shop, using earned Bible Bucks, for toys, games, or they may contribute to mission projects.



## **Children's Sunday School Zoom – Oct 11th**

Our next Sunday School Zoom will be on Sunday, October 11<sup>th</sup> at 10:30 am. The login details will be sent out in the regular Sunday School emails from Kelly Carpenter. If you are not currently receiving the Children's Sunday School emails and want to be part of our Sunday morning monthly Zoom class, sign up at <https://www.christumcutah.org/childrensnewsletter.html> .

## **Building Better Moms – Meeting in Person – Oct 20th**

Building Better Moms is meeting in person starting on Tuesday, October 20<sup>th</sup> at 6:30 pm in the Chapel (Room 100). This is open to moms of all ages. Childcare will not be available at this time. Contact Kelly Carpenter to let her know you are coming.



## **Third Grade Bibles**

Attention families of 3<sup>rd</sup> graders...we typically hand out our 3<sup>rd</sup> Grade Bibles in the Fall. The current plan is to distribute them when we resume regular worship services.



## **Praying for our schools**

Join us in praying for the schools, school districts, teachers, parents and students in our area as they are preparing and heading into the coming school year. Sign up at <https://www.christumcutah.org/schoolprayers> . Contact Kelly for more information.

## **October Youth News**

October 3<sup>rd</sup> 10:30am-1pm the Youth will be having a **Car Wash** in the church parking lot to raise money for Youth Missions. Please come to support the Youth and get a shiny car!

Back by popular demand, **Pumpkin Bread!** The youth will be taking pre-orders for loaves of pumpkin bread (plain and chocolate chip) online through the church website, [www.christumcutah.org](http://www.christumcutah.org), or by contacting Patsy at [YouthDirector@christumcutah.org](mailto:YouthDirector@christumcutah.org) or 801-808-6641 by November 8th. The bread will be ready for pickup on November 15th and 22nd (you pick your date). Delivery by our Youth can also be arranged. Suggested donation for a loaf is \$5 but we will always accept more. All money goes to support the Youth Mission Fund.

**Rent a Youth** is available. The Youth will help members in the congregation where needed. Let Patsy know your needs, whether it is raking, yard work, snow removal, cleaning, etc. The Youth will do it for you! [YouthDirector@christumcutah.org](mailto:YouthDirector@christumcutah.org) 801-808-6641.



Deepest condolences to To Susan and Steve Wood and their children Becca and Jeff on the death of Susan's mother Helen Tykal, September 5th. .

Happy Birthday!

**Congratulations and Happy Birthday to Olive Metz**, who turns 102 on October 21st!  
Her address is: Olive Metz  
4522 Arcadia Lane, Salt Lake City, UT 84117

## United Methodist Women

**The United Methodist Women's Book Club** is planning to meet Oct. 5th at 1:00pm in the Chapel.

The book for October is *Beautiful Boy* by David Sheff.

For more information please contact Bev Mittelstadt at [bevjm4287@yahoo.com](mailto:bevjm4287@yahoo.com) or 801-272-7137 or 801-755-4115

**WREATH SALE** - Wreath orders will be accepted during November, with delivery the last weekend in November. Cost is estimated at \$40/wreath.

**VIRTUAL CHRISTMAS TEA** - Thursday, December 3. Members & guests will receive invitations & program materials by mail.

**POSSIBLE ALL- CHURCH PROGRAM, 2021** - Stay tuned for this in early 2021



## HOMELESS/AT-RISK YOUTH RESOURCE CENTER 2020 AUTUMN WISH LIST



VOA UTAH'S YOUTH RESOURCE CENTER is a drop in resource center and emergency shelter for all youth aged 15-22 along the Wasatch Front who are at-risk or are experiencing homelessness.

THE CENTER PROVIDES essential basic need items, 3 hot meals a day, pantry food, showers, laundry, life-skills groups, housing & employment case management, and dental & medical care assistance, with access to mental health services on-site.

THE CENTER TRANSITIONS into a 30-bed emergency shelter from 7:30 pm - 8:30 am . Youth that are working towards self-sufficiency are encouraged to apply for a first-come, first-serve program named, the "Self-Reliance Program." This program allows for 15 youth to work closely with an LCSW Clinician and Youth Advocate to achieve goals toward self-sufficiency as well as guaranteeing a shelter bed while they are on this program. The other 15 beds are issued through a lottery system where youth are randomly chosen through an electronic system.

**\*\*\*DONATIONS ARE URGENTLY NEEDED!\*\*\*** **\*\*\*YOU CAN HELP\*\*\*** by dropping off a Wish List item/s to the Youth Resource Center donation bin at CUMC.

WHEN DONATING CLOTHING, please keep in mind these donations are for youth ages 15 - 22 (something your teenager would want to wear). Except where noted, clothing may be used, but clean & in good condition please. M, LG, XL, & XXL sizes



### 2020 AUTUMN WISH LIST



Sleeping Bags  
Blankets  
Rain Ponchos  
Coats, Gloves, Hats and Scarves for Men and Women  
Men's and Women's Sweatpants and Hoodies  
Men's & Women's Casual Pants  
NEW Men's & Women's Underwear  
NEW Women's Bras  
NEW Socks  
Men's Shoes (Closed Toed)  
Toothpaste & Toothbrushes  
Shampoo/Conditioner (Travel Sized Preferred)  
Body Lotion (Travel Sized Preferred)  
Bar Soap/ Body Wash (Travel Sized Preferred)  
Deodorant  
Sunscreen, Chapstick, Aloe Vera  
Backpacks & Purses  
Hair Brushes & Combs  
N95 or Surgical Face Masks  
Disinfectant Spray & Wipes and Hand Sanitizer  
Disposable Gloves  
Band-Aids. Gauze Bandages, Ace Bandages, Neosporin  
Paper/Plastic Dishes & Plastic Utensils

FOR MORE INFORMATION <https://www.voaut.org/in-kind>



Thank you as always for your continued support of the church. You may mail a check to the church, give through the [CUMC website](#), or text to give at 801-317-8833.

Charitable donations are most welcome during this time. Donate to Crossroads at

<https://donorbox.org/support-crossroads-urban-center>

Donate to Family Promise at

<https://www.fpgives.org/organizations/family-promise-salt->

## THE WESLEY BELL RINGERS

Announces the Meadow Farms Fall Fundraiser



**The Orders are Due: Sunday, October 11<sup>th</sup>**  
All proceeds support the bell ringer organization and the 2021 summer tour.

To Place and Order:

1. Go to <https://shop.meadowfarms.com/>
2. Enter seller ID: **3000137** or call your favorite ringer to get his/her seller ID.
3. Check out all of the items for sale, using the menu topics on the left.
4. Place the items you want into your shopping basket.
5. Submit your order with payment.

Let's all work together and help The Wesley Bell Ringers reach their fundraising goal.

## Adult Children of Alcoholics & Dysfunctional Families (ACA)

This Meeting is a 12-Step Discussion Format and Open to All. The program is about healing from the effects of having been raised in a dysfunctional family environment and how that has manifested into problems in adulthood (addictions, relationship problems, mood disorders, anger issues, physical illness, etc.)

Until in person meetings resume the Tuesday meetings are on Zoom . The meeting room opens at 6:00pm, with the actual meeting beginning at 6:30.

The Zoom link is <https://zoom.us/meeting/register/vJUpf-2trD4oStYMTbnn6YW6fYfPadjuDQ>

Meeting ID: 114-845-252 Password: millcreek1www.adultchildren.org

**Christ United  
Methodist Church**

2375 East 3300 South  
Salt Lake City, Utah  
84109

801-486-5473  
[www.christumcutah.org](http://www.christumcutah.org)



**Flu Vaccine Clinic  
At CUMC**

**Sunday, Oct. 18<sup>th</sup>  
8:30 AM – 12:00 PM**

**See page 3 for  
more details.**

A colorful flyer for a fundraiser. It features a cartoon car character with a smiling face, wearing a red and white checkered shirt, and holding a sponge and a spray nozzle. The car is surrounded by water splashes and bubbles. The background is white with several yellow and blue circles and starburst shapes. The text is arranged in a vertical layout on a pink background.

*Date: 10/3/20*  
*Time: 10:30*

**CUMC**

**Youth Trip  
Fundraiser!**

**Saturday**

**Youth Mission  
Fundraiser**

**Support CUMC  
Youth!**

**2375 E 3300 S**