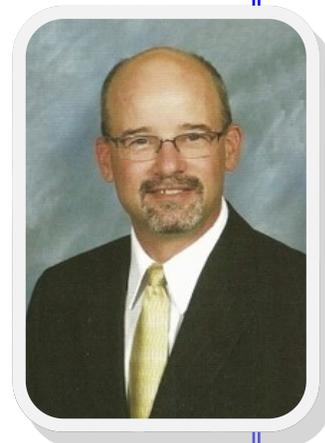


## **RUSTY'S REFLECTIONS**

This week I took the opportunity to drive up Big Cottonwood Canyon to look at the leaves. It was absolutely stunning. There were dozens of bicyclists, photographers, and general gawkers who joined in the perennial drive to see the leaves. It was so worth it and it reminded me of Mary Oliver's poem, "When I Am Among the Trees"



When I am among the trees,  
Especially the willows and the honey locust,  
Equally the beech, the oaks and the pines,  
They give off such hints of gladness.  
I would almost say that they save me, and daily...  
Around me the trees stir in their leaves  
And call out, "Stay awhile."  
The light flows from their branches.  
And they call again, "It's simple," they say,  
"and you too have come  
Into the world to do this, to go easy, to be filled  
with light, and to shine."

May we all shine in the days to  
come!

***Rev. Rusty***



## Fall

Halloween, pumpkin pie, autumn colors, falling leaves, cooler temperatures—it's fall! The days are already growing shorter. Fall is when we break out warmer clothes. It is also a time my wife changes our house décor and tells me to adjust my choice of the colors I wear. She is more conscious of styles and staying in sync with the changing seasons than I am!

Fall is a time of change. Sometimes we appreciate and embrace change. Other times we resent and resist change. But change happens.

Trees have a natural wisdom. They let go of their leaves in preparation for a season of rest and renewal. They let go of the past season in preparation for the return of spring. New growth cannot come if the trees hold on to the past. Nature is perpetually leaning forward. We are the ones that get stuck. Humans cling to what cannot be kept. It is in our nature, but with God's help we can learn to adjust and adapt to change.

Let go of the past. Let go of frustrations. Let go of failures and disappointments. Let go of broken dreams. Changing seasons remind us of the cycles of life. We do not stay the same age. Our bodies change. Relationships change. People we love come and go. Change happens. We do not have to like it. But we can practice having a spirit of anticipation of good things to come. Learn to make peace with the change that is happening! Look for evidence of God's continued love and care.

Recommit to trusting the goodness of God. Continue to practice letting go of false securities. God is still with us.

Thank the Lord for holding on to you. Thank God for being with you as you live into the future.

Jeremiah 29:11 (The Living Bible)

*For I know the plans I have for you, says the Lord. They are plans for good and not for evil, to give you a future and a hope.*

Rev. Bruce Kolasch  
Pastor of congregational care  
406-891-0434



Deepest Condolences to Sheryl (Sherry) Koehn and family on the death of her husband Richard (Dick) Koehn on September 6th. Services will be held Sunday, November 14th at Red Butte Garden at 11:00am.

Deepest Condolences to the friends and family of Alice Young, who died September 9th. Services will be held on November 6th in Brigham City.



Christ United Methodist Church  
S a l t L a k e C i t y  
*Serving · Loving · Caring*

2375 East 3300 South  
Salt Lake City, Utah 84109  
801-486-5473  
www.ChristUMCUtah.org

## Community Health Fair Everyone Welcome! Sunday, Oct 17, 8:30am to 12:00pm

Featuring CPR/AED Demonstrations & First Aid  
Ride Your Bike to Church on October 17<sup>th</sup>

### Available Free Tests

- Blood Sugar, Cholesterol, Blood Pressure & Body Mass Index
- Hearing and Vision Screening

### Personal Care

- Ask a Doc
- Ask a Dentist
- [Flu Shots – Community Nursing](#)
- Massage

### Other Services and Information

- Alzheimer's Association
- American Red Cross – Free Smoke Detectors
- Bicycle Enthusiasts
- Bicycle Helmets - Free for Children
- Donor Connect
- Fit Salt Lake
- Mobility City
- Summit Home Health & Hospice
- Women's Cancer Awareness
- United Health Care – Medicare & Medicaid
- Utah Poison Control
- Utah Senior Advisors

[Masks and Hand Sanitizer Available at the Door](#)





MACOTE ENTREPRENEUR CENTER

September 03, 2021  
Christ United Methodist Church  
Rev. Rusty Butler,

We received your funds (\$1000) and will use it on operation expenses. This includes paying for building and computer maintenance, office and classroom supplies, water, electricity, salary, and room and board for our American volunteer teachers.

I, the MEC team, and those we serve, sincerely appreciate your generosity toward our school. With your thoughtful ongoing support, we will continue to build the best ways forward to build opportunity, human security, honor human rights, and build peace, justice, and prosperity in Guinea-Bissau through education.

Your contributions are priceless and will continue to make an empirical difference in our school and in the lives and education of many poverty- stricken individuals in Guinea-Bissau. Thank you for helping to make the MEC's projects possible.

Thank you,  
Macote Ambrozio  
MEC, Director



Happy 103rd Birthday  
to Olive Metz  
October 21st!

Cards may be sent to Olive  
at  
4522 Arcadia Lane  
Salt Lake City, UT 84117

### Sandwich Service Project

THANK YOU to everyone who sponsored a month to cover the expenses for our Sandwich Service Project. You have exceeded our request and the additional donations will be carried into the following year. You are an amazing congregation!

Monet Palmer

### Golden Celery Results

Thank you to everyone who contributed food during July's Golden Celery Challenge!

We received 19,470 pounds of food from the community!

Christ UMC members contributed the highest number of pounds at 6,393.

Thank you for your support!



September 10th, 2021

Christ United Methodist Church  
2375 East 3300 South  
Salt Lake City, UT 84109-2796

Dear Friends,

We greatly appreciate your recent support of Crossroads Urban Center. We depend on gifts such as yours to serve thousands of Utahns in need each year.

We received your tax-deductible donation of \$5,000 in support of Crossroads Urban Center on August 31st, 2021. No goods or services were given to you by Crossroads in exchange for this gift.

We feed people through our two emergency food pantries, and provide clothing and household essentials at our free/low cost thrift store. We assist people in need with baby formula, diapers, prescriptions, transportation, utility shut-offs, and more. Because of the needs we see in our community each day, we are dedicated to calling attention to the reasons why people need our emergency services and what can be done to create a stronger community.

Thanks again for your help and confidence in our work.

Sincerely,

Glenn Bailey  
Executive Director

347 South 400 East • Salt Lake City, Utah 84111 • 801-364-7765

## Adult Small Group Opportunities

### Sunday Mornings

Adult Sunday School is held in the Chapel from 9:00 to 10:00am each Sunday morning.

### Bagel Boys

This group is open to all men. They meet Thursdays at 8:00am. For the meeting location talk to Dale McCormick, Larry McGill or Rev. Rusty. [pastorrusty@christumcutah.org](mailto:pastorrusty@christumcutah.org)

### Wednesday Morning Study

Join us at 10:00am in the Parlor for our current study.

For more information, contact Evelyn Kasworm at 801-942-1383(h) or 801-712-0236(c)

*Make a Joyful Noise with CUMC's Music Groups!*

*We are recruiting new members! Our rehearsal schedules are as follows:*

**Wesley Bell Ringers:** 9th grade– college freshmen  
Rehearsing Sundays 5:00-7:30pm and Tuesdays 7:30-9:00pm  
Director: Katie Lay

**Chancel Choir:** All voices welcome  
Rehearsing Sundays 8:45-10:00am  
Director: Logan Bingham

**apPRAISEation:** Adult Bell Choir  
Rehearsing Thursdays 7:30pm  
Director: Terry Waite

**Praise Time Choir Chimes:** 4th-6th graders,  
Rehearsing Sundays 11:30am-12:30pm  
Directors: Desi Jensen and Alicia Griffing

**Asbury Bells:** 7th and 8th Graders  
Rehearsing Sundays 4:00-5:00pm  
Director: Tony Slinger

## Endowment Fund Support for Church Improvement Projects and Outreach Programs

Almost 30 years ago, Christ United Methodist Church established a Permanent Endowment Fund to provide a way for Church members to make gifts to the Church through their wills and estates or throughout their life as they are able. The Endowment Fund Committee annually uses the growth and the income generated by the Fund to support projects of the Church Trustees and outreach projects of the Missions Committee. In 2021, Endowment Funds have been or will be used by the Trustees for resurfacing the parking lot, installing security cameras, inside and outside lighting improvements, and painting the Inn. Funds will be used by the Missions Committee to support our Sandwich project, Reconciling Ministries, Crossroads Urban Center, a Missionary Covenant Relationship, the Macote Entrepreneur Center, and Family Promise.

Our Committee would be glad to discuss with you the ways you can contribute and continue to support the Church in the future, including many which have tax advantages for the donor. Please feel free to contact Doug Hattery, the Committee's Chair, at (801) 268-9251 or [douglashattery2937@comcast.net](mailto:douglashattery2937@comcast.net), if you are interested.



Looking for wrapping paper or cool gifts? Support The Wesley Bell Ringers with the fall wrapping paper sale. See a ringer during coffee hour, use this QR code or check out the link below to see the items available on the website:



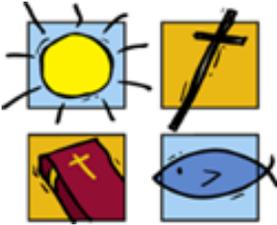
<https://shop.meadowfarms.com/index.asp?PID=3037150>

# Children and Families

## **Fall Kids Fest**

Bring your family and join us at 10:30 am for worship service on Sunday, October 31<sup>st</sup>. The children are welcome to wear their non-scary Halloween costumes to church that Sunday. The kids will Trick-or-Treat for UNICEF during Children's Time in worship.

Stay for our Fall Kids Fest at 11:30 am that includes Trick-or-Treat Alley hosted by the CUMC youth and fun activities to take home. The Children's Ministries committee will provide a pizza lunch to all families.



## **Sunday School Volunteers Needed**

Volunteers are needed to teach and aid children for our Elementary and Preschool Sunday School classes. All materials will be provided. Prayerfully consider your availability, even on an occasional basis, to help with the youngest in our church family.

## **Acolytes Needed**

If your child is in 3<sup>rd</sup> through 6<sup>th</sup> grade, they can serve as an Acolyte during our 10:30 am worship service. This is a great opportunity for children to participate at CUMC. If interested, contact Kathy Konishi, Acolyte Coordinator, at [Kkonishi25@gmail.com](mailto:Kkonishi25@gmail.com) or 801-583-5365 or Kelly Carpenter at [children.and.family@christumcutah.org](mailto:children.and.family@christumcutah.org). We will provide quick training to help your child learn how to serve in worship and be an acolyte.



## **Sunday School Registration**

Register your child(ren) 6<sup>th</sup> grade and younger for Sunday School and Nursery using the QR code to the right or <https://forms.gle/zQDqYEEeSoJW7eVW6>. This ensures we have all appropriate contact information, allergy information, etc. If you have any questions, please let Kelly know.



## **Sunday School Communication**

We will use GroupMe, a textable and app system used by groups at CUMC, to send messages like snow days or other changes. The link for children ages nursery through 6th grade is the QR code below or [https://groupme.com/join\\_group/48147308/5BEsu5aL](https://groupme.com/join_group/48147308/5BEsu5aL). Your personal information cannot be viewed by others.



# **OCTOBER YOUTH NEWS!!!**

## **Youth Group Schedule for October 2021**

**Sunday, October 3<sup>rd</sup> 11:30**

**Bring something to share with the group such as a talent, game, music, etc.**

**Saturday, October 9<sup>th</sup> 9am-1pm  
Car Wash/Plant Sale Fundraiser**

**Sunday, October 10<sup>th</sup> 11:30am ????**

**Sunday, Oct 17<sup>th</sup> Service Sunday  
Health Fair Face Painting & Kids' Table 8:30am-11:30am**

**Wednesday Funday, TBA Corn Maze/Haunted Corn Maze  
Drivers needed!**

**Pumpkin Bread Fundraiser Coordinator Rebecca Miller  
Bakers & Donations are needed**

**October 24<sup>th</sup>  
Pumpkin Bread Pre-orders during coffee hour**

**Sunday, Oct 24<sup>th</sup> 2-4pm  
Youth Gathering at Hilltop UMC  
985 E 10600 S, Sandy, UT**

**October 31<sup>st</sup>  
Pumpkin Bread Pre-orders during coffee hour**

**Service Sunday, Oct 31<sup>st</sup>, 11:30am  
Help with Trick or Treat Alley and Fall KidsFest**

**Contact Patsy Simons [youthdirector@christumcutah.org](mailto:youthdirector@christumcutah.org)  
801-808-6641 for information about the Youth Program.**

## Support Our Youth

- ◆ October 9th, 9am-1pm, the Youth will be having a car wash and plant sale in the CUMC east parking lot. All proceeds will go to our Youth Mission Trips. Senior High are going to Puerto Rico. Please come to support the Youth and get a shiny car. See page 12.
- ◆ Back by popular demand, Pumpkin Bread! The youth will be taking pre-orders for loaves of pumpkin bread (plain and chocolate chip) during Fellowship Time Sunday mornings and online. Orders need to be placed by November 7th. The bread will be ready for pickup on November 14th and 21st (you pick your date). Delivery by our Youth can also be arranged. The suggested donation for a loaf is at least \$5. All proceeds go to support the Youth Mission Fund. To order use the QR code or the website:  
<https://www.christumcutah.org/pumpkinbread.html>.
- ◆ Reminder Rent a Youth is available. The Youth will help members in the congregation where needed. Let Patsy know your needs, whether it is raking, yard work, snow removal, cleaning, etc. The Youth will do it for you! [YouthDirector@christumcutah.org](mailto:YouthDirector@christumcutah.org) 801-808-6641.
- ◆ It is not too late to sign up for the Senior High Mission Trip to Puerto Rico scheduled for July 10th-15th. Current 8th graders through Sophomores in college are eligible to go.



### Calling all 9th graders through college freshmen!

Looking for a fun musical activity? Want to have an un-bell-ievable time? Come join the Wesley Bell Ringers! You'll learn a little bit about music theory, performing in a group, and of course, how to ring bells! No musical experience required, nor is membership in church! The Wesley Bell Ringers get to perform on a two-week tour of the United States every summer. On tours they experience activities such as ocean kayaking, exploring major cities, visiting awesome museums and landmarks, and even going to theme parks!

Come join the Wesleys and see what a bell choir is all about!

Practices are Sundays from 5:00-7:30pm, Tuesdays from 7:30-9:00pm in the Bell Room. I hope to see you and your friends there!

If you're interested in playing or have any questions, please email the Director, Katie at [twbr@christumcutah.org](mailto:twbr@christumcutah.org).

The Wesley Bell Ringers thank you for your support of their fall rummage sale and wrapping paper sales! These fundraisers comprise a large portion of our tour funding. Thank you!

## United Methodist Women's Book Club

Monday, October 25th at 1:00pm in the Parlor.

The book for October is *Still Life* by Louise Penny

For more information about the book club please contact Bev Mittelstadt at bevjm4287@yahoo.com or 801-272-7137 or 801-755-4115.

Deborah Circle will meet in the Parlor Thursday,  
October 21st at 10:00 am.

All Church women are welcome!

### UMW Invites Support for Davis UT Days for Girls

One of our UMW mission projects locally is Days for Girls. We have had regular workdays at CUMC to construct the cloth bags used to contain menstrual supplies for use by refugee girls, girls in developing countries, and girls who do not have access, for whatever reason, to the supplies they need monthly to be able to stay in school. Here at CUMC, we hope to restart our workdays here and will soon send more detail about a proposed schedule. Meanwhile....please read to the end to learn how we can support Days for Girls now.

The Davis County Days for Girls Center is our umbrella organization for this project. The following message about observing the *International Day of the Girl* has come from the center, where a special event is planned at the Centerville Days for Girls workroom, October 11, from 1:00 to 8:00 P.M. The address in Centerville is 304 S Main St ste 300, Centerville, UT 84014.

"Celebrating the International Day of the Girl is important to our center. This year we have something special planned. A Packing Party and Celebration. And a Goal 2,021 kits packed in one day! We need your help. It's a come and go event. There will be packing blitzes, dance parties at every 500 kits (have you seen Sylvia's moves?), treats and so many smiles. We are so excited to get back in the workroom, and in order to gather safely masks are required (don't worry we got ya covered if needed).

No need to register, and if you are unable to attend this packing day, there is another way to support the project. We are looking for sponsors to give a penny or a dime for every kit packed. If you are willing donate.

Thank you for your Support,  
Sue Nissen for UMW, and the Davis UT Leadership Crew



### Church Women United, A multi faith gathering of Christian Women

World Community Day Celebration  
2021

Friday, November 5th, 9:30am on Zoom

Register in advance for this meeting:

<https://us02web.zoom.us/join/9151299065>

NOTE: Press Control + Click Link to access registration

After registering, you will receive a confirmation email containing information about joining the meeting.

Contact Kathy Horvat at 801-502-0708 with any Zoom concerns.

Theme: "Becoming One in 2021 – New Places, New Faces at the Table"

Bible Study: Small Group Discussions

Keynote Speaker: TBA

Community Outreach: Crossroads Urban Center --  
Checks Payable to "Church Women United" designated for Crossroads; Mailed to our Treasurer:

Desta Aure  
10227 Hickory Pt. Dr.  
Sandy, UT 84092

Offering for CWU National Programs: Checks need to be made payable to: "Church Women United" and mailed to Treasurer, Desta Aure

This is a wonderful ecumenical gathering and an opportunity to learn and grow spiritually and personally. Hope to see you there.

## Top donation requests

- Granola Bars
- Fruit Cups
- ◆ Protein Drinks

You may leave your donations in the CUMC collection bins by the west door. Donations may also be dropped off at the downtown Food Pantry (347 S 400 East) without appointment, Monday - Friday 9am-5pm.

## You are invited to e a party supporting Crossroads Urban !

WHEN: Thursday, October 7th, from 5–8pm

WHERE: RoHa Brewing Project, 30 Kensington Ave, SLC 84115

COST: \$10 donation (in advance or at the door)

WHAT: Cash bar (beer and cider), small silent auction, music, appetizers; the venue is indoor/outdoor with a large outdoor space. Masks required indoors.

This is a 21+ event (ID required). [www.crossroadsurbancenter.org/](http://www.crossroadsurbancenter.org/)

### CAN YOU HELP? URGENT NEEDS WISH LIST 10/2021 - 02/2022)

All items can be gently used except for underwear which must be new.  
Clothing, shoes, & underwear are for teens/young adults only.



- \*Male T-Shirts, assorted colors, sizes M, L, XL, XXL
- \*Male Flannel Shirts, sizes L, XL, XXL
- \*Male Jeans, sizes 32 - 36
- \*Male Boxer Briefs, sizes M, L, XL, XXL (must be new)
- \*Male Casual Shoes, sizes 9 - 13 (styles for a teenager)
- \*Male Socks, medium weight (for above shoe sizes)
- \*Female Tops, sizes S, M, L, XL, XXL, XXXL (teenage styles/ women's sizes)
- \*Female Jeans, sizes 8-20
- \*Bras, sizes 34-40 (must be new)
- \*Female Underwear, sizes S, M, L, XXL (teenage/women's sizes; must be new)
- \*Female Casual Shoes, sizes 7 - 10 (styles for a teenager)
- \*Female Socks, medium weight (for above shoe sizes)
- \*Male and Female Hoodies, sizes M, L, XL, XXL, XXXL (adult sizes, teenage styles)
- \*Male and Female Fleece Pants, sizes M, L, XL, XXL, XXXL (adult sizes, teenage styles)
- \*Bath Towels, new or gently used
- \*Wash Cloths, new or gently used
- \*Hand Towels, new or gently used
- \*Throw-size Blankets, 50" X 60", new or gently used
- \*Twin Size sheets, flat; new or gently used (no fitted sheets)
- \*Small Hair Brushes
- \*Lip Balm/Chapstick
- \*Crayons
- \*Playing Cards
- \*Hand Warmers
- \*Foot Warmers

Donations can be dropped off at CUMC (2375 E. 3300 So.) in the designated bin near the kitchen or, with an on-line scheduled time, you can drop your donations off at the Youth Resource Center (888 So. 400 W). If you wish to schedule your own drop-off time at the YRC, use this link: <https://www.voaut.org/drop-off>

**HOMELESS & AT-RISK YOUTH** are offered much-needed services at **VOA'S YOUTH RESOURCE CENTER (YRC)** in Salt Lake City. Homeless and at-risk youth, ages 15 - 22, may come to the YRC for a shower, to do laundry, and/or to get some food. Once trust is built, the Center is able to serve these youth in more meaningful ways. Barriers that led to their homelessness gradually break down, allowing these teens to **transform their lives**. Each year the YRC serves about **800 homeless/at risk teens**. The YRC offers emergency shelter beds, 24/7 assistance, three meals a day, & free legal services through their Homeless Youth Legal Clinic. They also receive help dedicated to education assistance, job training, counseling, & other helpful programs.

Christ United  
Methodist Church

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*Car Wash  
And Plant Sale  
Youth Trip Fundraiser  
Saturday  
October 9th  
9am to 1pm*

